



### **Ski or Split Board Touring – Equipment Checklist**

Day pack (25-40L)

Ski boots, skis or split board, poles & skins

Transceiver, shovel, probe (provided on the Intro Course if you let us know in advance)

Wool or synthetic long sleeve baselayer shirt

Soft shell jacket (ie. Schoeller material), insulating layer (ie. Fleece or synthetic jacket)

Waterproof / breathable outer jacket

Down or synthetic fill jacket

Long underwear, snow pants or soft shell pants and rain pants

Toque, warm snow gloves (with waterproof shells), and light gloves with good dexterity

A lightweight balaclava or neck tube is also a good idea

Goggles, sunglasses, sunscreen, lipbalm, sunhat

Headlamp with good batteries

Some toilet paper in a Ziplock bag & small lighter or extra Ziplock

Personal blister kit, tape

Lunch, water bladder (with insulated tube) or water bottle or thermos

Camera (optional)